

**PRESS RELEASE**

September 1, 2015

\*\*\*FOR IMMEDIATE RELEASE\*\*\*

**EAGLE GROWTH AND INCOME OPPORTUNITIES FUND  
DECLARES MONTHLY DISTRIBUTION OF \$0.109 PER SHARE  
AND ANNOUNCES INVESTOR CALL**

New York, New York – Eagle Growth and Income Opportunities Fund (the “Fund”) (NYSE: EGIF) today announced the declaration of its monthly distribution of \$0.109 per common share, payable September 30, 2015. Based on the Fund’s current share price of \$17.10 as of its close on September 1, 2015, the distribution represents an annualized yield of 7.65%. Information regarding the distribution rate is included for informational purposes only and is not necessarily indicative of future results, the achievement of which cannot be assured. The distribution rate should not be considered the yield or total return on an investment in the Fund.

The following dates apply to this distribution:

Ex-Dividend Date: September 16, 2015  
Record Date: September 18, 2015  
Payable Date: September 30, 2015

A portion of each distribution may be treated as paid from sources other than undistributed net investment income, including but not limited to short-term capital gain, long-term capital gain or return of capital. As required by Section 19(a) of the Investment Company Act of 1940, a notice will be distributed to the Fund’s stockholders in the event that a portion of a monthly distribution is derived from sources other than undistributed net investment income. In January or February of each year, investors will be sent a Form 1099-DIV for the previous calendar year that will define how to report these distributions for federal income tax purposes.

The Fund today also announced that it will hold an investor call on Thursday, September 3, 2015 at 4:15 pm ET to discuss its business outlook. James C. Camp, Managing Director and Portfolio Co-Manager of Eagle Asset Management, Inc., the Fund’s subadviser, Kevin Kelly, Chief Investment Officer of Recon Capital Partners, and Steven Baffico, CEO of Four Wood Capital Advisors LLC, the Fund’s investment adviser, will host the call.

The conference call can be accessed by dialing 877-845-8992 passcode 29099597. A replay of the live broadcast will be available by dialing 855-859-2056 passcode 29099597 through September 10, 2015 at 5:00 pm ET.

In addition, the Fund has posted its Semi-Annual Report for the period ended June 30, 2015 to its website at <http://fwcapitaladvisors.com/funds/egif> prior to the call.

The investment return, price, yields, market value and net asset value (NAV) of the Fund’s shares will fluctuate with market conditions, and it is possible to lose money by investing in the Fund. Closed-end funds frequently trade at a discount to NAV, which may increase the investor’s risk of loss. There is no assurance that the Fund will meet its investment objective.

Investment return and principal value will fluctuate. Past performance is not a guarantee of future results.

## **Eagle Growth and Income Opportunities Fund**

The Fund is a non-diversified, closed-end management investment company that is advised by Four Wood Capital Advisors LLC, a wholly-owned subsidiary of Four Wood Capital Partners LLC, and subadvised by Eagle Asset Management, Inc. and Recon Capital Partners. The Fund's investment objective is to provide total return through a combination of current income and capital appreciation. There can be no assurance that the Fund will achieve its investment objectives.

### **About Four Wood Capital Advisors LLC**

Four Wood Capital Advisors LLC ("FWCA") is the Fund's investment advisor and is registered with the U.S. Securities Exchange Commission as an investment advisor. FWCA is a New York Limited Liability Company formed in June 2012 to provide investment management and advisory services to registered investment companies and institutional investors. FWCA is a wholly owned subsidiary of Four Wood Capital Partners LLC. Total assets under management and advisement as of June 30, 2015 were \$319mm.

### **About Eagle Asset Management, Inc.**

Eagle Asset Management, Inc. ("Eagle") provides institutional and individual investors with a broad array of equity and fixed income products designed to meet long-term goals. Total assets under management and advisement as of June 30, 2015 were \$32.8 billion\*

\*Includes Eagle Boston Investment Management, Inc., a wholly owned subsidiary of Eagle Asset Management, Inc., as well as ClariVest Asset Management LLC and Cougar Global Investments, LTD, both affiliates of Eagle Asset Management, Inc.

### **About Recon Capital Partners**

Recon Capital Partners ("Recon Capital") provides investment solutions for institutional investors, financial professionals, and individual investors. Recon Capital uses its investment expertise and operational infrastructures to seek to deliver market-driven, value-added products that meet the evolving needs of global investors across multiple strategies including options, alternatives and international markets. Total assets under management, supervision and/or service as of March 31, 2015 were \$191 million.

### **Forward-Looking Statements**

Statements included herein may constitute "forward-looking statements", which relate to future events or our future performance or financial condition. These statements are not guarantees of future performance, condition or results and involve a number of risks and uncertainties. Actual results may differ materially from those in the forward-looking statements as a result of a number of factors, including those described from time to time in our filings with the Securities and Exchange Commission. Eagle Growth and Income Opportunities Fund undertakes no duty to update any forward-looking statements made herein.

**Contact the Fund at 1.855.400.3927 or visit the Fund's website at <http://fwcapitaladvisors.com/funds/egif> for additional information.**

### **Media Contact**

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